

# Castle House School

Chetwynd End, Newport, Shropshire TF10 7JE

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**Headmaster:** Mr R M Walden, MA (Cantab), MEd, CEd, FCollP

## The 7th ISA National Gymnastics Championships for Girls' & Boys' Teams

**Date:** Sunday 7 February 2010

**Venue:** Fenton Manor Sports Complex  
Stoke-on-Trent  
Staffordshire

**Host School:** Castle House School  
Chetwynd End, Newport,  
Shropshire, TF10 7JE  
Tel 01952 811035 [admin@castlehouseschool.co.uk](mailto:admin@castlehouseschool.co.uk)

**Host Organiser:** Mrs June Walden - Castle House School  
Tel 01902 754489 Email: [june.walden@o2.co.uk](mailto:june.walden@o2.co.uk)

**Age Groups:** Boys under 11, Boys under 9  
Girls under 11, Girls under 9  
Ages as from 1 September 2008

**Entry Fee:** £38 per team. Cheques made payable to 'Castle House School Trust Ltd'  
Plus a £25 deposit required **per school**, returnable after the event if none of  
your teams withdraw after the closing date.

**Teams:** Minimum of four girls or four boys per team, maximum of six.  
4 scores to count on each discipline.

**Competition Format** (same for both age groups)

**A** Each gymnast will perform the following four disciplines which  
will together constitute the overall team result:

1. Set vault
2. Voluntary vault
3. Set floor
4. Voluntary floor

**B.** There is also a **Group Sequence competition** for U11 girls and U9 girls. This is separate  
from the girls' team competition. The sequence is performed by four girls in each  
group. A school may use a girl or girls who are not in their nominated team for this  
competition, in which case an extra individual fee of £6 per gymnast is required.

**Closing date:** **Wednesday 14 October 2009**

**Team names submitted by:** **Wednesday 25 November 2009**

**ISA Schools wanting to be sent competition information, rules and entry forms, when they are  
released, should send their School address, email address and contact name of the teacher,  
to Mrs June Walden at the above address.**